10 Prayers for Cutters

1. Lord, help me to realize that I am Your creation. Ps 139:13-16

2. Lord, help me to forgive anyone who has hurt me, including myself. Mt 6:14-15

3. Lord, forgive me for abusing my beautiful body You created. Dt 14:1; 1 Cor 6:19-20

4. Lord, send loving Christians into my life who can help me. Mt 19:19; 25:35-40

5. Lord, help me to love myself and other people. Jn 15:9-14; 1 Pe 5:6-7

6. Lord, forgive me for all my sins (including hate, cutting and negative thoughts). Mt 5:44; 2 Cor 10:5

7. Lord, heal my hurts. 1 Pe 2:24; 5:6-7

8. Lord, help me to believe that Jesus died on the cross for all my sins. 1 Cor 15:3-4; Ro 4:25-5:2

9. Lord, help me to put my faith in Jesus as my Lord and Savior and repent of my sins. Mt 22:37-38; Lk 13:3

10. Satan and all demons, I command you in the name of Jesus Christ, to quit putting evil thoughts of suicide and cutting in my head. Leave and do not return. 1 Pe 5:8-9; Ac 16:18; Mk 9:25-26